



# School Closure Edition 3

Date: 3 April 2020

## Message from the Principal



Dear Parents and Carers,

I have been a follower of Pat Sowa ([@pat\\_sowa](https://twitter.com/pat_sowa)) on Twitter for a while now, she is a schools' mental health activist. This morning she put out the following tweet;



*A common experience right now- the cognitive stress of constant adjustment to new circumstances + an enemy on the horizon means our bodies/minds are on high alert + we're learning new stuff (that's always tiring) that's why we need to pace (for pupils too!)-sleep -+ selfcare x*

People like Pat remind me of what the priorities need to be right now and it's a balancing act between feeling productive and feeling overwhelmed. Every child will be different and you will know your family set up best. Many of my friends and family are feeling like failures on the home schooling front. Especially those, like me, that have primary school aged children. The absence of a teacher for primary school children, I would argue is even more acutely felt by everybody. For many of our secondary students, they are discovering a resourcefulness and independence they never knew they had and they should feel very proud of themselves. This is, after all, what growth through adolescence is all about.

To those parents with children expecting public examinations, you are most likely on the emotional rollercoaster with them. We are still awaiting the detail we were promised. "Before Easter" is the official line from Ofqual- that could well be today. All I can say is, we have very good tracking systems and we were expecting a good set of results this year, so we're in a strong position when it comes to evidencing teacher assessments. I am personally very disappointed that this has happened, but in the big scheme of things right now, there is little point in dwelling on it too much. Rest assured, I will do everything I can to minimise stress for this particular group of students and as a team we will follow the details of the guidance to the letter.

In addition, there is a lot of work going on behind the scenes preparing a bridging scheme of work for year 11 students and the W6 team will be writing to them after the break. Essentially we are going to allow our students to opt for their subjects in year 12 and where possible begin studying those courses now.

The website I refer to is here; <https://www.actionforhappiness.org/> well worth a glance.

Our end of term assembly went live at 12:30pm today - click on the link below to view:  
[SRWA Easter Assembly](#)

And finally, well done to everybody who received a reward today (announced in assembly, see link above) especially Abigail Catlin, who has been absolutely fabulous here at Key Worker Academy, the team are very proud of her and recommended her for the Headteacher's Award. KWA will remain open to those that need us over the holidays, but even here, we will be turning off the screens for a while and concentrating on well-being and relating to those around us.

Happy Easter everyone, thank you so much for your continued support, it has really spurred us all on here.

Best wishes

Kieran

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## End of Term Assembly

As is normal at this time of year, we come together with all the students to celebrate successes, share some music and some dance. Everyone at SRWA has taken so well to the digital world, it seems only appropriate that we held our assembly regardless. On YouTube.

It went live today at 12.30pm. You can watch it again here and see all the awards recipients and some great music performances.

[SRWA Easter Assembly](#)

## Wellbeing and Looking After Ourselves

Whilst staying at home, taking care of our minds as well as our bodies is particularly important. We are all likely to have times when we might feel worried, lonely, overwhelmed or bored. There is no doubt that these are concerning times and the importance of looking after ourselves and those we care about has never been more relevant.

This NHS resource has simple but useful reminders of some of the things we can all do to help protect our mental health at this time and you may find these useful for yourselves and your families: [NHS - Every Mind Matters - Staying at Home Tips](#)

When we are feeling worried or uptight, one thing that can help us to cope is practising mindfulness. To support our students with this, we have put together a few resources and ideas here which we hope you find useful to share with your children: [Mindfulness for students](#)

Remember that during our school closure we are still here to support our students. It is important however that our colleagues working from home also have a break over the Easter period and so they will be less available than during term time. The Safeguarding inbox will be monitored over the holiday and so if you have an urgent concern, please contact the Designated Safeguarding Lead and deputies on [dsl@srwa.co.uk](mailto:dsl@srwa.co.uk).

There are also lots of professional organisations set up to support young people with problems that they may be facing, including feelings of worry and anxiety. Here are details of a few of the most broad ranging and well-established, all of which have fantastic online resources and information:

[www.themix.org.uk/mental-health](http://www.themix.org.uk/mental-health) Free, confidential helpline service for young people under 25 who need help, but don't know where to turn.

[www.youngminds.org.uk/find-help](http://www.youngminds.org.uk/find-help) Can provide support and point young people in the direction of help with a range of issues.

[www.mind.org.uk](http://www.mind.org.uk) Advice and support to empower anyone experiencing a mental health problem.

[www.ymcadlg.org](http://www.ymcadlg.org) Online counselling and mental health support platform 'e-wellbeing'.

[www.childline.org.uk](http://www.childline.org.uk) Help for anyone under 19 in the UK with any issue they're going through.

[www.winstonswish.org](http://www.winstonswish.org) Support for bereaved children and young people, and for their families and the professionals who support them.

Additionally, if your child has a special educational need or disability, you may find the following links useful:

[West Sussex local offer](#): for reference, FAQs and information

## Easter Projects

As we've said, this two week holiday should serve to give everyone a break. That said, we know that two weeks at home without being able to go out is a long time! If you are looking for some fun activities for your children to do over the holidays you will find a wealth of resources out there on social media as we're sure you've all seen. Lots of celebrities are contributing, such as PE with Joe Wicks, free audiobooks from David Walliams, dancing with Oti Mabuse, music with Mylene Klass, science with Dr Brian Cox to name but a few.

Here are a few more suggestions from us:

[www.ourcoronadiary.com](http://www.ourcoronadiary.com)

This site has been started by some UK children's writers and illustrators and there are activities for every age group from early years to teens. There are loads of great contributions here, and there should be something fun and educational for everyone.

[Charity competition](#)

A lovely idea for children up to Key Stage 3, giving them a chance to enter an Easter competition to write a poem or draw a picture around the themes of home or homelessness. This competition (with prizes!) is being run by the charity [Turning Tides](#) who support those who are homeless in our area.

[Quarantine Cuisine Challenge!](#) and [The Pandemic Pantry](#) - two creative ways to tackle the challenge of cooking with access to limited resources.

[Baking with Becky](#) There are lots of fantastic cooking channels out there but what could be better than baking with our very own Miss Grimwade!? Try her amazing recipes via her [YouTube channel](#).

And finally here are a few links to some non-compulsory activities from some of our subject areas:

[Maths activities](#)

[English activities](#)

[Science activities](#)

[Geography activities](#)

[History activities](#)

[RPE reflective activity](#)

## **E-safety**

The combination of social distancing and the move to online teaching and learning means that during this unprecedented period, all of us are online far more than we might normally be. With this in mind, we would like to take the opportunity to remind all parents and students about the importance of staying safe online.

Here are some links to some useful websites that highlight some important aspects of e-safety:

The National Online Safety website has some good guides on smartphone apps that children like to use. They include House Party, Tik tok, Minecraft etc. It also has some general tips and mental health advice: <https://nationalonlinesafety.com/guides>

The NSPCC also has two websites which have specific advice on sexting, inappropriate content, live streaming etc and how to talk to your child about these things.

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/>

<https://www.o2.co.uk/help/nspcc> has quizzes and games for parents and children to work through together (Parents Vs Kids) and a search function for networks, apps and games children might be using (Net Aware) to find out what they are, how they work and their associated risks.

We would also remind you of the importance of supporting your children in being careful about where they find their 'news'. This is of course particularly important at this time. As we all know, social media and the internet can be fantastic, but can also purvey 'fake news' which can cause alarm and spread misinformation. Encouraging young people to question and discuss what they read is currently so important and reliable, age appropriate sources such as [BBC Newsround](#) are good places to guide them towards.

## Contacting Us Over Easter

Over the Easter break there will be a reduced reception service, so we would ask that your first contact with the Academy is via [enquiries@srwa.woodard.co.uk](mailto:enquiries@srwa.woodard.co.uk) where your query will be forwarded to the right person.

Please note that our Facebook Inbox is not monitored.

## Free School Meals Vouchers

If your child is eligible for free school meals, and not attending KWA, you will be contacted over the Easter holidays with details of the new government free school meal scheme. This will allow you to register for a supermarket voucher to be spent in a supermarket of your choice during term-time weeks of academy closure. The information will be sent to the primary carer email address, so please ensure this is up to date on [Arbor](#).

Other schemes are available to parents/carers during holiday periods such as the local food bank <https://www.adur-worthing.gov.uk/community-wellbeing/foodbanks/> and the food share scheme. This is a scheme whereby food that might be wasted from supermarkets is made available. You can sign up here: <https://fareshare.org.uk/getting-food/fareshare-membership/>.

## Digital Learning Expectations

This week was our first week of our scaled down timetable, and even more students taking part in “live lessons”. After Easter we will continue with **Week 2**, which means students should attend their online lessons during periods 2 (9.55am), 4 (11.55am) and 6 (2.10pm).

### Google Meets: Download the App

Installing Google Meet for iOS and Android will make joining the Meets easiest. And it works on most phones and tablet devices, right back to iPhone 5, as well as laptops and desktop computers.

[Google Meet for iOS](#)

[Google Meet for Android](#)

## Getting your Child on Google Meet and Google Classroom

To make it easy to access, Google Classroom, Google Meets and Gmail all use **your child's school email address** and school **password**.

They are in the following format:

**Username:** firstname.lastname@srwa.co.uk

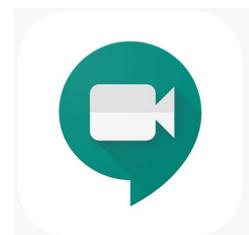
**Password:** Their password is the same one they use to login to the school computers.

### Online Lessons Year 7 -11

Students will have work set on [Google Classroom](#). The lessons may also start with a “[Google Meet](#)”. This is a live video conference where the teacher will speak to the students and talk through the lesson content.

Students will receive an invite to the Meet through their calendar. They can see any upcoming meets that they are invited to at [meet.google.com](https://meet.google.com)

The teacher may also copy a link to the meet on the Google Classroom stream.



To make these sessions manageable, we ask that students **switch off their cameras and microphones**, and only unmute their microphone if their teacher asks them to. Most communication will be via the Chat function.

Teachers will be available online during lesson times to answer questions and interact with the students. Students can send messages via the assignments page in [Google Classroom](#).

Normal expectations of class conduct apply.

### **Online Lessons Year 12 & 13**

As above, lessons will commence with a conference call through [Google Meet](#).

In addition to this, your child should continue to access and submit their work through [Canvas](#).

We are also in the process of on-boarding parents so that you can observe the work being set and the submissions. More to follow regarding this in the coming weeks.

### **Attendance Expectations**

Students' attendance to these online lessons is noted, and where there are concerns regarding a student's engagement with digital learning, teachers and pastoral teams will continue to be in touch.

### **Submitting work in Google Classroom**

We have created a helpful video for students to watch to remind them about how to submit their work through Google Classroom. This allows teachers to review the work, and make any appropriate comments to students.

Sending work by email or Google Drive means it won't show up as complete, so please **ensure it is submitted through Google Classroom**.

They can add any kind of files by pressing the ADD files button within the assignment.

Remember to press HAND IN otherwise it won't be sent to the teacher.



[YouTube Tutorial: Using Google Classroom](#)

### **IT Helpdesk**

It's been a pleasure to support all the families that have contacted our IT helpdesk.

The helpdesk will be closed over the Easter break, but will be available again after the holidays.

Get in touch by emailing [ITHelpDesk@srwa.woodard.co.uk](mailto:ITHelpDesk@srwa.woodard.co.uk) and give as much detail as you can about your issue and we will try to assist.

### **Lockdown Shout-Outs**

We are so pleased to see so many of our students make the transition to online learning so well. Their teachers wanted to recognise some that have really made a great effort.

#### **History**

A particular well done to: **Alexia Bejan, Sam Andrews, Ella Kwong, Beau Deacon**

Year 7: Well done to **Isha Chowdhury** for a 10/10 in her spelling test, mentions also to **Keira Clout, Armarni Burdon, Kayleigh Jukes**

Year 8: **Nas Balmer, Tyce Durieux, Nyah Hinde**

Year 9: **Jack Cude**

Year 10: **George Brigden, Jody Brigden, Harry Southam, Bethan Newell, Abigail Morgan, Lucy Croxford**

Year 11: **Harry Clemson, Alicia Perring, Elizabeth Ayling, Connor Godley, Natalie Matthews, Dan Morley, Dylan Sadler, Bethany Petrie**

Year 12: **Jess Flavell and Adam Taylor**

### Science

**KS3 Science:** Shout out to the following for excellent work over the last week from Miss Haylett - Year 7 Courtship - **George Strutt, Finlay Underwood, Ruby Stuart, Jessica Hillman, Brooke Riley, Timothy Hart** (also an excellent model Tim). Also for year 8 - **Keeley Humphrey**

**KS4 Biology:** **Ella Kwong** again earned it, **Rob Fellingham** (year 11), **Alicia Perring** (year 11), **Cyndie Guile** (Year 10), **Oscar Piatt** (year 10), **Harry Redfern** (year 9) and **Ellie Sommer** (year 9) Special mention from Mr Loveridge for **Louis Redfern** (year 10) for Chemistry

**Year 11 Chemistry:** **Missy-Lynne Graham** - well done for excellent Chemistry work

**Year 11 Physics:** **Lauren Harris, Kaci Rodd, Ryan Dean, Alexander Swarsbrick** - Excellent Physics revision

**KS5 Biology:** **Leila Reed** has done a better job learning mass transport by teaching herself than if she had been taught in class.

### Geography

**Abigail Whittington** (Year 8) for an outstanding online learning

**Taya Gilbert** (year 11) for the high levels of online engagement and outstanding effort on all tasks thrown her way

**Ryan Tinsley** for his year 10 geography work

### Modern Foreign Languages

Message to all of 7X1MI - fantastic attitudes all round in their first 'face to face' google meet!

Year 8: Well done to **Abigail Whittington** for seven hours of Seneca;

Well done to **Abbie Gumbrill** (8X3MI) for over three hours work in Seneca!

Year 9: **Océane Mege, Ryan Brisley, Michael Poole, Annabel Bassett, Arthur Spicer, Kaitlyn Koroknai, Alfie Keys, Isabella Roberts**. Well done to **Leo Holmes** for his Seneca work. Special mention for **Meghann Brattle** - constantly sending extra work and asking for it to be marked asap

Year 10: **George Bridgen, Abbie King, Jallee French, Ben Douglass, Harry Southam**

The Year 10 French group speaking practice in Googlemeet - **Megan Jukes, Lauren Alford, Raphaella Badua, Carmen Cannon, Alyssa Michaeloudis** - **Raphaella** rounds them all up on the phone so they are on time!

Year 11: **Jamie Purcell, Dan Morley, Joe Woods, Dylan Sadler, Aimee Hearne, Aiden Parsons, Sam Shaw, Cam Skinner, Alex Swarsbrick**

### RE

Pretty much the whole of Year 11 have been AMAZING in RE!

### Psychology

Year 12: **Elisa Wooles, Alex Stringer, Rachel Hepworth, Michaela Penny, Jessica Lock, Owen Cunningham**

Year 13: **Leonie Hull, Crystal Holyoake, Lia Gillett**

### Design Technology

Year 8: **Georgina Thwaites, Maddie Pittard, Jasmin Harvey**

Year 9: **Bradley Baker, Finley Catling, Jack Cude**

Year 10: **Ben Douglass, Danny Baker, Zak Whalen**

### **Music**

Year 7: **Cassidy Brazil, Jack Dalley, Barney Downs, William Fox, Elliott Dey, William Swarsbrick, Oliver Measor, Alexia Bejan, Kayleigh Jukes**

Year 8: **Lauren Godley, Jasmin Harvey**

Year 9: **Esme Maunsell, Oscar Bray, Libby Ayres, Mena Arthan, Meghann Brattle, Melissa Fellingham, Charlie Scrivener**

Year 10: **Beau Deacon, Megan Jukes, Oscar Piatt**

Year 11: **Robert Fellingham, Connor Godley**

Year 12: **Dan Michaeloudis**